

After your surgery

Postoperative instructions must be strictly adhered to in order to promote healing. Some discomfort should be expected after surgery, including swelling.

Should you have any problems or concerns following an implant surgery at our clinic, please call our office at **(514) 630-4030**.

STICHES

Most of the stitches that we use are dissolvable within 4-10 days. If we do not use dissolvable stitches during your surgery, you will be advised and given an appointment for removable (usually 7-10 days following your surgery).

ORAL HYGIENE

Simply clean the healing abutment (the little cap that sticks out of the gum) 2 times per day with a Q-tip. This should take no more than 5-10 seconds and be done gently.

We ask that you do not brush directly at the surgery site for the first 7-10 days in order to not irritate the region or disturb the area (and after, only with a specific soft brush).

You should gently rinse your mouth with salt water 4-5 times per day (1 tablespoon of salt per cup of water). Only use mouth rinses if they have been prescribed to you. Regular mouthwashes should be avoided until your surgeon allows them as they can irritate the wound and slow down healing.

PAIN MEDICINE

Most patients have relatively minimal discomfort following the placement of implants and only usually require over the counter pain medication.

Should a stronger medication be recommended we will gladly forward a prescription to your pharmacy.

If antibiotics are prescribed, it is very important to take them as directed and to completion.

DIET

You should avoid chewing any food directly at the implant site for the first 3-4 weeks.

PHYSICAL ACTIVITY

Physical activity is not restricted following implant placements, but we do recommend avoiding any contact sports for 3-4 weeks where a hit on the surgery area is possible.

Avoid touching the area and pulling your cheeks in order to visualize the surgery site. This could damage the gum and pull stitches out.



Dr CLAUDE DAVID SPRCP inc.
Clinique de chirurgie buccale et maxillo-faciale

IMPLANTS

patient's guide

Dr. Claude David D.D.S.

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Implant Surgery • Esthetic Surgery

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